

TRAIL DESCRIPTIONS

QUARRY TRAIL (1.0 mi.)

Quarry Trail connects to resident parking lot at Wasserman Park to Naticook Rd, continuing across the street into Horse Hill Nature Preserve. This trail passes many granite outcroppings from which blocks were cut to build the foundations of many homes in the 18th century.

BEAR FACTS TRAIL (1.3 mi.)

Bear Facts Trail has the biggest elevation change at Wasserman and the surface is loose and rocky in some areas.

QBP TRAIL (0.15 mi.)

QBP is a short trail that connects Quarry and Bear Facts trails just off of Naticook Rd. The trail is very level.

FITNESS LOOP (1.5 mi)

The widest of trails in Wasserman, Fitness Loop starts from a point low on the Bear Facts trail. This trail was created by a scout project and is marked with 15 fitness stations (see map key)

SPINE TRAIL (0.5 mi.)

Spine Trail follows the top of a ridge for its entire length and has great views in either direction. The surface is fairly rocky and comes close to the edge of a drop off in one area.

PUSH-UP TRAIL (0.9 mi.)

Push-Up Trail is fairly technical and rocky with multiple elevation changes and several switchback turns. Hikers would likely prefer Spine Trail or Fitness Loop.

GPC TRAIL (0.9 mi.)

GPC has several rock and wooden bridges as it crosses the stream and seasonal flows. The bridge crossings and rocky and rooted terrain make this trail a technical challenge.

WILLY'S TRAIL (1.1 mi.)

Willy's Trail has some rocky elevation changes and one large bridge. One point on the trail enters a clearing marked by the stationary Willy's Jeep that gives the trail its name.

JUNKYARD TRAIL (0.9 mi.)

Junkyard Trail is not very technical or challenge, but connects many other trails to Greens Pond Road.

RUMPY TRAIL (0.6 mi.)

Rumpy Trail crosses the Fitness Loop in a number of places and has continuous views of Greens Pond.

FIELD LOOP TRAIL (1.3 mi.)

Field Loop Trail is across Naticook Brook on a nearby development's open space around a large field with views of Greens Pond.

TRAIL DESCRIPTIONS

DUSTER TRAIL (0.6 mi.)

Duster Trail is a hilly trail inside the Fitness Loop that was designed for mountain bikers and trail runners.

WHIRLYBIRD TRAIL (0.3 mi.)

Whirlybird travels along Naticook Brook and has a view of the dam at Naticook Pond.

LITTLE DIPPER TRAIL (0.4 mi.)

Little Dipper Trail travels along Naticook Pond, connecting to the lower cabins near the lower parking lot in Wasserman Park with access to the lake.

WIMBLEDON TRAIL (0.3 mi.)

Wimbledon Trail is a connector that links Quarry Trail to the Bear Facts Trail near the Wasserman Park tennis courts.

PERMITTED USES



PROHIBITED USES



HOURS

There are no hours restrictions on this property, but the abutting Wasserman Park, including trailhead parking, is closed from 1/2 hour after sunset to 1/2 hour before sunrise.

NOTICES

Wasserman Conservation Area is kept in as natural a state as possible. In a natural woods setting, it is possible to be stung, bitten, cut, or lost. Be prepared for these situations. Report problems to merrimackoutdoors.org

Dogs are welcome on the property, but please remove your dog's waste from the trails.

COVER PHOTO—Nashua Regional Planning Commission
Merrimack Outdoors logo courtesy of Wetherbee Creative
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interactive map



WASSERMAN CONSERVATION AREA

INFORMATION & TRAIL MAP

Brochure and map created by the
Nashua Regional Planning Commission
for the Merrimack Conservation Commission

April 2017

Merrimack OUTDOORS .org

WASSERMAN CONSERVATION AREA

116 NATICOOK ROAD

P Parking i Kiosk 808 Stone Wall Crossing

0 1000 FEET

MAP BY **Merrimack OUTDOORS**

Quarry Trail connects to Horse Hill Preserve

- F** Fitness Loop Stations
- | | |
|-----------------|------------------------|
| 1 Neck roll | 9 Parallel bars |
| 2 Arm swings | 10 Crab kicks |
| 3 Side stretch | 11 Sit-ups |
| 4 Leg stretch | 12 Push-ups |
| 5 Pull-ups | 13 Alternate toe touch |
| 6 Push-offs | 14 Balance beam |
| 7 Skier stretch | 15 Steps |
| 8 Jumping jacks | |

